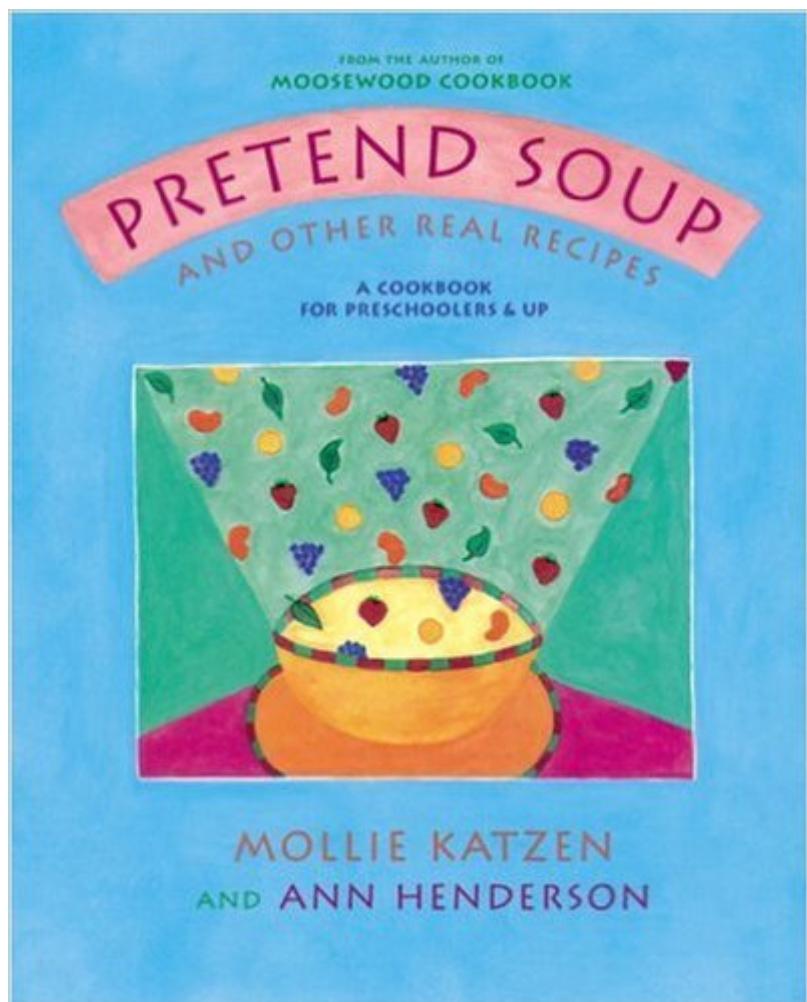


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Pretend Soup And Other Real Recipes: A Cookbook For Preschoolers And Up



Synopsis

Pretend Soup and Other Real Recipes : A Cookbook for Preschoolers and Up by Mollie Katzen and Ann L. Henderson. Ten Speed Press, 1994

Book Information

Hardcover: 96 pages

Publisher: Tricycle Press; 1st edition (March 1, 1994)

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Average Customer Review: 4.6 out of 5 starsÂ See all reviewsÂ (132 customer reviews)

Best Sellers Rank: #12,811 in Books (See Top 100 in Books) #16 inÂ Books > Children's Books > Children's Cookbooks #676 inÂ Books > Cookbooks, Food & Wine

Age Range: 3 - 7 years

Grade Level: Preschool - 2

Customer Reviews

Mollie Katzen is well known in the food world for her involvement with the Moosewood Restaurant in Ithaca, New York. She has been creating recipes and writing vegetarian cookbooks for adults for many years. However, until she witnessed her son's preschool class making applesauce one day, she didn't think her three-year-old would have an interest in preparing food. When she talked to his teacher, Ann Henderson, she discovered that the class cooked weekly. Something clicked during this conversation and she remembered her "play cooking" as a child, with her mother's old bowls in the backyard. Several years later, Mollie and Ann teamed up to write a cookbook for parents and their preschoolers to use to experience the fun of early cooking at home. Because this unique cookbook is designed for both adults and preschoolers, it does not follow traditional cookbook layout. First, the recipe is written traditionally for the adults to go through. Next, the recipe is written in a pictorial version for the kids to use. The authors also give tips to make these more fun and safe for the children. Ideas such as colored tape on the handle of the butter (or plastic) knife to teach them which end to hold, and creating a cooking station at the kitchen table where it is safer for the kids to reach using an electric skillet. Each recipe is presented in a colorful way, with ideas on how to introduce young and picky eaters to try new foods. Recipes such as popovers, green spaghetti,

bagel faces and pretend soup are simple enough to not confuse young cooks, but complex enough to inspire their imaginations and leave them with good, healthy fun food to eat.

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